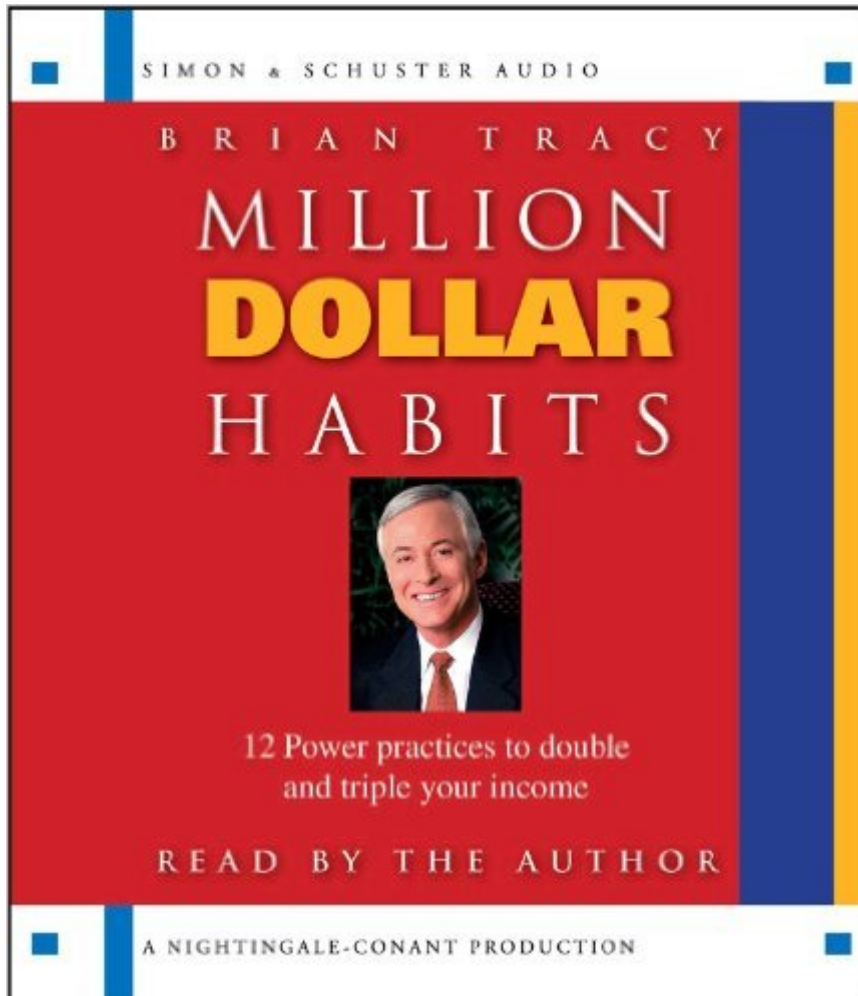


The book was found

# Million Dollar Habits



## Synopsis

You've worked very hard to get where you are today. You've paid your dues. You've made sacrifices. But are you making enough money? Is your income growing as fast as you deserve? Everyone creates his own destiny. If you haven't gotten the results in life you know you deserve, it's because you haven't found the right tools. Once you learn the secrets found in Brian Tracy's Million Dollar Habits, you'll join an elite group of professionals who call their own shots, write their own paychecks and enjoy complete financial freedom. Take complete control of your career and future financial life. This new and powerful system reveals the secrets and techniques of how you can:

- Develop a complete strategic plan for getting everything you need from your life and career
- Design and control the direction of your career and move ahead faster
- Improve your decision making skills so you can surpass competitors
- Maintain health and wellness throughout your life and increase your energy levels

## Book Information

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## Customer Reviews

I have the CD version of Millionaire Habits and often play it as a refresher to remind me of the basics. There are great segments on time management and on goals that are worth the price of the book. Having said that, instead of getting this particular Brian Tracy book I would recommend instead his books GOALS and FOCAL POINT. Those two books give the complete and detailed low down on staying focused and committed to your dreams, and how to create goals that will allow you to manifest your dreams. The two books also mirror their CD set counterparts, allowing you to reinforce what you are reading by listening to it on your daily commute.

I just finished the book "Million Dollar Habits" by Brian Tracy. The book contains habits that top business people tend to have. The start of the book begins by explaining habits and how important they are, and that they can be learned and unlearned. It also goes on to explain that there is a correlation between positive habits and success in life. The rest of the book goes through habits that will help you find success in several areas of your life, including business, health, finances, and leadership. I found that the habits indeed were helpful and interesting to read. I also found the book to be helpful with practical methods to overcome some of the bad habits we tend to develop. In all I found this book to be a good read. I wish that the habits themselves were better organized and perhaps more pronounced in the book with format as often it was tough to tell what was a new habit and what was a follow up to a previous habit. However this book was a good read and I recommend it. 4 out of 5 stars.

Although some of what Tracy has written in this book is similar to what he has written before, there is also much more new information. What I like most about Brian Tracy is that he spends a considerable amount of time studying the most modern material to help make you successful. Brian's material is fresh and up to date.

We make our habits and then our habits make us. This is an excellent book by Brian Tracy - I just picked it up at our local Borders and was happy to see that Tracy has another book out. Million Dollar Habits shows you how to develop and practice the habits that will make you successful...perhaps even a millionaire. Some of what Tracy covers here has been covered by Tracy in his prior books. But there is enough fresh material to make it interesting and worthwhile. I agree that Tracy is the very best of the personal development/success trainers (I hate to call these guys motivational speakers - sounds so temporary "motivational speakers" sort of like taking a hot shower) he combines wit with facts and has methods that deliver on their promises. I was initially turned off by Tracy pumping out book after book, but as I mentioned above, there is always enough new in his books to make it worthwhile. I would also recommend Goals: How To Get Everything You Want Faster Than You Ever Thought Possible and Create Your Own Future: How to MASTER the 12 Critical Factors of Unlimited Success.

Somehow the title of this book, at least initially didn't appeal to me. Something about the word-HABIT. To me, habit always denotes something negative like a bad habit. At least when I was

growing up I always heard the word habit preceded with something negative, like "You have a bad habit." "Where did you pick up that habit?" and so on. In this great book by Brian Tracy, you will learn that habits can be good and as the title of this book indicates, can help you become a millionaire in the process. Now those are the kinds of habits that I like to have. As Tracy says in his book, "We first make our habits and then our habits make us." How true!

As Tracy explains in this new book, "We make our habits and then our habits make us." I have read many of Brian Tracy's books and listened to many of his tape programs. Everything he does is a little better than his previous work and Million Dollar Habits is no exception. My income is already increasing since following Brian Tracy's advice. I also recommend Brian's newest book, Time Power: A Proven System for Getting More Done in Less Time Than You Ever Thought Possible.

Brian Tracy is indeed the very best speaker/trainer in the business today. His newest work, Million Dollar Habits is a must read for anyone who wants to reach maximum success. I was introduced to personal development books 19 years ago by a very good friend and my whole life turned around. I was re-introduced to these books a few years ago when I had forgotten what I learned and had gotten reckless. The advice works. What Tracy teaches in this new text is how to develop the habits that will make you a success. He offers an interesting story by Napoleon Hill as to why people know what to do, don't do it and as a result, don't succeed. Tracy is as easy to read as he is to listen to. I have many of his audio programs. They have made all the difference in my life. Read Million Dollar Habits. I also recommend The Automatic Millionaire and The Richest Man in Babylon to help create "wealth habits" that work right in line with what Tracy talks about in this book.

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